

Alpha-Beta Trend Uses

The most common uses of Alpha-Beta Trend are to:

↳ **Generate buy and sell signals**

If the trading filter moves from within the bands to below the lower band, this is a signal to buy or enter a long position. If the trading filter moves from within the bands to above the upper band, this is a signal to sell or enter a short position. If the trading filter is within the bands no trend is indicated and you should be out of the market.

↳ **Determine the trend**

If the trading filter lies between the bands, no trend is indicated. An uptrend occurs when the trading filter is below the lower band. A downtrend occurs when the trading filter is above the upper band.